









# Aden Complex

Bioactive synergistic support formula

Formulated to support healthy adrenal & immune function. Assist the body in coping with environmental stress and relieving the symptoms of fatigue.

A proprietary vegan blend of liquorice root, Shatavari, Panax ginseng, Ginger, Vitamins B1, B5, B6 & C, minerals and antioxidants.

# **Nutritional Therapy**

Bioactive

Bioavailable

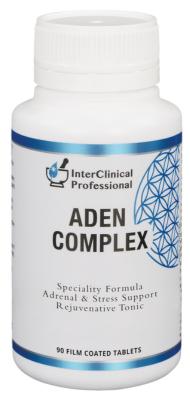
Quality Ingredients

Rejuvenative Tonic. This formula supports healthy stress response, healthy immune function, energy production, cognitive health and clarity; improves stamina and body strength; reduce coughing and clears respiratory tract mucous; It supports reproductive health, nervous system health, heart, skin, eye and hair health.

# What you need to know about this supplement

- Traditionally used in Western Herbal Medicine to support healthy adrenal gland function (*Glycyrrhiza glabra*)
- Traditionally used in Ayurvedic Medicine as a rejuvenative tonic, nervine & aphrodisiac (Asparagus racemosus)
- Support healthy stress response and aids the body to cope with environmental stress (Pantothenic acid)
- Traditionally used in Chinese Medicine to relieve tiredness & fatigue (Panax ginseng, Glycyrrhiza glabra)
- Maintain healthy immune system function (Vitamin C, Zinc, Pyridoxine, Panax ginseng)
- Traditionally used in Chinese Medicine as a body tonic and to support stamina, mental focus & clarity (Panax ginseng)
- Support energy levels (Thiamine, Pantothenic acid & Pyridoxine)
- Traditionally used in Western Herbal Medicine as a demulcent; also to clear respiratory tract mucous & relieve coughing (Glycyrrhiza glabra)
- Maintains nervous system health; Aid in neurotransmitter synthesis (Thiamine, Pantothenic acid, Pyridoxine & Vitamin C)
- Support reproductive system health; Maintains general wellbeing (Asparagus racemosus) & preconception health in healthy females & males (Zinc)
- Maintains eye & cardiovascular system health (Zinc & Lutein)
- Support muscle function & heart health (Thiamine)

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For Practitioner Dispensing Only

## Specifications

Vegan Friendly

90 Film Coated Tablets

3mm | 19mm

Description: Brown speckled

Dosage Adults: Take 2 tablet, 2 times daily with water, or as directed by your healthcare professional.

Vegan friendly

Blended, tableted and packaged in Australia



## Allergen & Free From

Ingredients in this product have been formulated <u>without</u> animal products, gluten, wheat, yeast, soy, egg, gelatin, fish, molluscs, crustaceans, milk products, peanuts, tree nuts, sesame, bee products, artificial preservatives, colours or flavours.

#### Each Tablet Contains:

Lutein	1.5mg
Thiamine nitrate	1.23mg
Equiv. Thiamine (Vit B1)	1mg
Calcium pantothenate	10.87mg
Equiv. Pantothenic acid (Vit B5)	10mg
Pyridoxine hydrochloride	1.25mg
Equiv. Pyridoxine (Vit B6)	1.03mg
Ascorbic acid (Vit C)	60mg
Potassium	40mg
(as Phosphate monobasic Potassium)	
Sodium (as Dibasic sodium phosphate)	32.4mg
Zinc (as Zinc glycinate)	3mg
Asparagus racemosus ext. dry conc.	300mg
Derived from dry root	5.1g
Glycyrrhiza glabra ext. conc.	36.36mg
Derived from dry root	<b>1</b> g
Zingiber officinale ext. dry conc.	20mg
Derived from dry rhizome	100mg
Panax ginseng ext. dry conc.	15mg
Derived from dry root	150mg

#### **Excipients**

Ascorbyl Palmitate, colloidal anhydrous silica, croscarmellose sodium, hypromellose, magnesium stearate, maltodextrin microcrystalline cellulose and zeaxanthin.

#### Warnings

Contains 40.52 mg of Potassium and 43.33mg of Sodium per tablet. Vitamins and minerals can only be of assistance if dietary intake is inadequate. Do not use if breast feeding, pregnant or likely to become pregnant.

