

Activated B6 Plus

Bioactive synergistic mineral supplement

This formula contains activated B6 (*pyridoxal 5-phosphate monohydrate*) which is an active form of vitamin B6 and vitamin B6 (*pyridoxine hydrochloride*) plus synergistic nutrients manganese, vitamin B1 (*thiamine*) and vitamin B2 (*riboflavin*).



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This formulation is involved in:

- The synthesis of several neurotransmitters, such as serotonin, GABA, dopamine and norepinephrine (Pyridoxine)
- Homocysteine metabolism (Pyridoxine)
- Maintaining DNA synthesis (Pyridoxine)
- Helping to metabolise carbohydrates, proteins and fats in the body (Pyridoxine and Riboflavin)
- Energy production in the body (Pyridoxine, Riboflavin and Thiamine)
- Essential maintenance of normal skin and mucous membranes (Riboflavin)
- Helping protect body cells from free radical oxidative damage
- Hormonal activity regulation (Pyridoxine)
- Supporting healthy nerve function and muscle action (Thiamine)
- Assisting healthy red blood cell production and normal iron metabolism (Pyridoxine and Riboflavin)
- Supporting normal heart function (Thiamine)
- Contributes to normal nervous and immune system function (Riboflavin)
- Supporting normal functioning of the nervous system (Riboflavin)

WARNING: Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible (Contains vitamin B6)

Vitamin and mineral supplements can only be of assistance if dietary intake is inadequate.

Product Specifications

Each capsule contains:

Pyridoxine-5- Phosphate monohydrate	23.5 mg
Equiv. pyridoxine	15.0 mg
Pyridoxine hydrochloride	42.5 mg
Equiv . pyridoxine	35.0 mg
Total Pyridoxine (Vitamin B6)	50.0 mg
Thiamine Nitrate (Vitamin B1) (Equiv. Thiamine)	1.62 mg
Riboflavin (Vitamin B2)	500 mcg
Manganese (As manganese [II] glycinolate)	1 mg

Ingredients in this product have been formulated without:

Gluten, wheat, yeast, soy, egg, gelatin, fish, shellfish, crustaceans, wax, milk, peanuts, tree nuts, sesame, salt, sugar, bee products, artificial preservatives, colours, or flavours.

Excipients

Calcium hydrogen phosphate dihydrate, citric acid, colloidal anhydrous silica, hypromellose, magnesium stearate, microcrystalline cellulose, purified water.

Recommended Dosage:

Adults: 1 capsule twice daily or as directed by your health care professional.

Pack Size:

90 Vegetarian hard capsules

Note: All minerals are quoted as elemental.

Made in Australia from local and imported materials.