

## Vitamin C Plus

### A bioactive synergistic mineral formula

This formula contains vitamin C (ascorbic acid) plus synergistic nutrients manganese as a fully reacted amino acid chelate, rutoside, resveratrol from *Reynoutria japonica* and the supporting herb rosehip (*Rosa canina*).



AUST L 30406

### This formulation is involved in:

- Helping reduce free radical damage to body cells (Vitamin C, Manganese and *Reynoutria japonica*)
- Supporting collagen and connective tissue formation (Vitamin C and Manganese)
- Healthy teeth and bone maintenance (Vitamin C)
- Aids the synthesis of neurotransmitters (Vitamin C)
- Aiding healthy bone growth and maintenance (Manganese)
- Maintaining blood vessel and blood capillary health (Vitamin C)
- Supporting healthy immune system function (Vitamin C)
- Aiding sugar and carbohydrate metabolism (Manganese)
- Supporting absorption of dietary vitamin C
- Helps prevent dietary iron deficiency (Vitamin C)
- Nervous system health support (Vitamin C)
- Reducing the duration and severity of the common cold symptoms (Vitamin C)
- Supporting skin health and wound healing (Vitamin C)
- Helping prevent dietary vitamin C deficiency (Vitamin C and Manganese)
- Maintaining general health and wellbeing (Vitamin C and Manganese)

If symptoms persist, seek the advice of a healthcare professional.  
 Vitamin and mineral supplements should not replace a balanced diet.  
 Not to be used in children under two years of age without medical advice.

### Product Specifications

Each capsule contains:

Ascorbic Acid (Vitamin C)	500 mg
<i>Rosa canina</i> (Rosehip) dry extract	60 mg
Derived from dry fruit	600 mg
Rutoside	100 mg
<i>Reynoutria japonica</i> (Giant Knotweed) dry extract	50 mg
Derived from minimum dry root	10 g
Equiv. Resveratrol (of <i>Reynoutria japonica</i> )	25 mg
Manganese (as Manganese (II) glycinate)	1 mg

### Ingredients in this product have been formulated without:

Gluten, wheat, yeast, soy, egg, gelatin, fish, crustaceans, milk, peanuts, tree nuts, sesame, salt, sugar, bee products, artificial colours flavours or preservatives.

### Excipients:

Citric acid, hypromellose, magnesium stearate, maltodextrin (corn), microcrystalline cellulose.

### Recommended Dosage:

Adults: 2 capsules daily or as directed by a health care professional.

### Pack Size:

90 vegetarian hard capsules

### Note:

All minerals are quoted as elemental.

Made in Australia from local and imported materials.