



# Iron Plus

Vitamin & Mineral Supplement

*A bioactive, synergistic source of iron as a fully reacted amino acid chelate glycinate, supported by vitamin C, B2 and levomefolate calcium, the biologically active form of folate.*

## Nutritional Therapy

Bioactive    Bioavailable    Quality Ingredients

Iron Plus is a carefully crafted formula containing Ferrochel® a bioactive, fully reacted chelated form of iron which is composed of two glycine molecules bound to a ferrous cation which protects iron from dietary inhibitors such as phytates and polyphenols, plus the synergistic nutrients vitamin C (Ascorbic acid) to support iron absorption, riboflavin for iron metabolism and L-5-MTHF, the primary active metabolite of folic acid to support blood health and foetal development.

### What you need to know about this supplement

- Helps prevent dietary iron, folate, vitamin C & riboflavin deficiency
- Aids healthy red blood cell production and health, maintains blood health (iron, folate, riboflavin) and haemoglobin synthesis (iron) and maintains blood vessel and capillary health (vitamin C)
- Aids oxygen transport to body tissues (iron)
- Maintains energy levels (iron) and supports energy production (iron, riboflavin)
- Supports preconception and healthy pregnancy in healthy females (folate) and maintains healthy foetal development (folate)
- Supports the absorption of dietary iron (vitamin C) and assists the metabolism of iron (riboflavin)
- Antioxidant; reduces free radicals found in the body (vitamin C, riboflavin)
- Maintains collagen formation & connective tissue health (vitamin C), assists connective tissue formation (vitamin C, riboflavin) and supports healthy body tissues (riboflavin)
- Supports bone health (vitamin C)
- Maintains immune system function (iron, vitamin C, riboflavin)
- Supports nervous system function (vitamin C)
- Aids neurotransmitter synthesis (iron and vitamin C)
- Maintains healthy teeth (vitamin C)
- Supports wound healing (vitamin C)
- Assists metabolism of proteins (folate)
- Supports mucous membrane health (riboflavin)
- Supports eye, hair and nail (riboflavin) and maintains skin health (vitamin C, riboflavin)




For Practitioner Dispensing Only

### Specifications



30 vegetarian hard capsules

5mm | 16mm  


Description: Small beige capsule

Dosage Adults: Take 1 capsule per day with water, or as directed by your healthcare professional.

Vegan friendly

Blended, encapsulated and packaged in Australia



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### Allergen & Free From

Ingredients in this product have been formulated without gluten, wheat, yeast, soy, egg, dairy, gelatin, fish, crustaceans, peanuts, tree nuts, sesame, sugar, bee products, artificial preservatives, colours or flavours.

### Each Capsule Contains:

Iron (as amino acid chelate (Ferrochel®))	20mg
Ascorbic acid (Vitamin C)	50mg
Riboflavin	2mg
Levomefolate calcium	487mcg
Equiv. Levomefolate acid (5-MTHF)	450mcg

### Warnings

Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. If symptoms persist, talk to your health professional. Not for the treatment of iron deficiency conditions. Vitamins and minerals can only be of assistance if dietary intake is inadequate.

*Work with the Specialists!*

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