



InterClinical
Laboratories

eNews

PRACTITIONER ONLY NEWSLETTER

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InterClinical Laboratories eNews

Nutritional, Herbal and Natural Medicines Practitioner Education
Hair Tissue Mineral Analysis Pathology

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Issue 31



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SEASONS GREETINGS

It's the end of another wonderful year, and we at InterClinical Laboratories would like to wish you the best of health, happiness, success and peace through the holiday season and for the New Year. We would like to take the opportunity to thank you for your continued support and hope to see you at our seminar series in 2014.

As a way to enhance opportunity for goodhealth, we are offering a sale on several InterClinical Laboratories products; GT Formula, Potassium Plus, Reparen and Acai 120 vcaps and Acai sachets 30 x 3g; buy 5 and get 1 free. We are offering 20% off

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Remember, you
can share our
useful and
professional

our Goaties products, both strawberry and chocolate flavour.

The offices at InterClinical Laboratories will be closed from the end of business day on December 24th and will reopen at 9am on January 2nd 2014.

Yours in good health

The Staff at InterClinical Laboratories.

posts on your own business page!

'Like' us today (click logo above) and start exploring our health posts to see how they can help your business grow.

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Issue: 1

Clinical Update:

Goats' Milk Is More Beneficial To Health Than Cows' Milk, Study Suggests

According to Researchers at the University of Granada.

Researchers have carried out a comparative study on the properties of goats' milk compared to those of cows' milk. They found reason to believe that goats' milk could help prevent diseases such as anemia and bone demineralization. Goats' milk was found to help with the digestive and metabolic utilization of minerals such as iron, calcium, phosphorus and magnesium.

Results obtained in the study reveal that ferropenic anaemia and bone demineralisation caused by this pathology have a better recovery with goat milk. Due to the higher bioavailability of iron, calcium, phosphorus and magnesium, the restoration of altered haematological parameters and the better levels of parathyroid hormone (PTH), a hormone that regulates the calcium balance in the organism was found in the rats that consumed this food.

According to this researcher, all these conclusions reveal that regular consumption of goat milk - a natural food with highly beneficial nutritional characteristics - "has positive effects on mineral metabolism, recovery from ferropenic anaemia and bone mineralisation in rats. In addition, and unlike observations in cow milk, its calcium enrichment does not interfere in the bioavailability of the minerals studied."

ScienceDaily. Retrieved December 4, 2013, from <http://www.sciencedaily.com/releases/2007/07/070730100229.htm>

Comments: Goats milk has been considered a healthy substitute for cows milk for decades, especially for people who do not tolerate lactose protein from bovine dairy sources. However, rather than viewing goats' milk as a substitute, it's high time this amazing food was observed for its own health properties as a primary nutrient and protein source. Replacing bovine dairy sources with goats' milk sources on a regular basis comparably impacts nutrient and protein intake, and is a great potential primary source of calcium and iron.

Need more information?

Need help interpreting your patient's hair tissue mineral analysis report? Do you require further information on any of our nutritional, herbal and natural medicines? If so, please don't hesitate in contacting us. We have qualified practitioners ready to take your call.

You can call us anytime Monday to Friday, 9am-5pm AEDT.

Let us help you build your practice with better clinical outcomes.



InterClinical Laboratories

Servicing Practitioners and Their Needs

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