HAIR TISSUE MINERAL ANALYSIS IN CLINICAL PRACTICE

PRACTITIONER SEMINAR SERIES 2024







Assessing Mineral Imbalances & Heavy Metal Toxicities

This intensive Face-to-face offers both new and experienced HTMA practitioners evidence-based, practical knowledge and the resources to provide bio-individualised therapy for improved outcomes, especially for patients with complex chronic conditions.

HTMA provides deeper insight into patient stress, energy production, adrenal and thyroid efficiency, digestive dysfunction, cognitive function, mitochondrial health, inflammation, blood sugar management, the effect of long-term therapeutics and more.

Last year's seminar series was a great success, receiving 5-star reviews from doctors, naturopaths, herbalists, nutritionists, chiropractors, sports therapists, dentists and veterinarians.

Book now for 2024! A fascinating seminar, providing significant new information, and expanding clinicians' understanding and ability to better manage chronic illness.

LOCATION & DATES

Sydney 3rd March
Adelaide 10th March
Brisbane 24th March
Auckland (NZ) 7th April
Perth 28th April
Melbourne 5th May
Darwin 16th June
Byron Bay 8th September

SUNDAYS 8:30am - 5:30pm



PRICE \$198 AUD

Includes meals, notes, new resources & free samples

plus FREE HTMA (valued at \$218)

CPE Points

BOOK NOW: INTERCLINICAL.COM.AU/AUS2024

SPEAKERS
Location Dependent



Susan Szczensy HTMA Expert - Platinum Accredited ND Naturopath Practitioner



Geraldine Headley Adv. D Nat, Clin Nut & WHM, BHSc (C Med) Post Grad Dip Hyp, Ex-Reg Nurse



Ann Wine Nutritionist - Environmental Warrior, Educator, Speaker, MPH (Current)



lan Tracton InterClinical Laboratories Pty Ltd Founding Director & CEO

And more...

BOOK NOW!

InterClinical Laboratories +61 2 9693-2888 +64 9 977 9975 info@interclinical.com.au



interclinical.com.au/aus2024

UNRAVELING CHRONIC CONDITIONS

8:00am - 8:30am REGISTRATION

8:30am - 9:15am

The Challenge: Chronic Conditions, Multimorbidity & Long-Term Therapies

Clinicians are now seeing an alarming increase in chronic conditions and the related effects of multimorbidities. What is the latest research? Are there underlying related determinants? Environmental factors? Can symptoms and conditions be managed nutritionally reducing allopathic reliance?

9:15am - 10:15am

The Science of HTMA in Patient Assessment

Review of research highlighting the strength of HTMA as (1) an invaluable screening/diagnostic tool; (2) measure bioaccumulation of toxic minerals; (3) determine optimal therapies; (4) identify preventative-care strategies.

10:15am - 10:45am BREAK

10:45am - 1:15pm

Understanding Drivers of Chronic Conditions

A focus on seven drivers of chronic illness; this vertical dive into inflammation, stress, chronic dietary aberrations, mitochondrial health, digestive dysfunction, glucose dysregulation, adrenal and thyroid disorders and chronic heavy metal exposure including case studies.

1:15pm - 2:00pm BUFFET LUNCH

2:00pm - 2:45pm

Conundrums in Nutraceutical Therapy

A look at today's nutraceutical therapeutics including mega-dosing, trending nutrients, compounded formulations, natural and synthetic ingredients, interactions and protocol therapies.

2:45pm - 3:30pm

InterClinical Professional Product Overview

Ethos; Key formulation & new products in the range; Deep-dive into these clean, advanced supplements developed for discerning practitioners.

3:30pm - 4:00pm BREAK

4:00pm - 5:00pm

Back in Clinic

Discuss HTMA results confidently in the follow-up consultation for greater patient engagement and compliance, by identifying key indicators, explaining metabolic typing, advising on supplement and nutritional therapy and building realistic therapy plans.

5:00pm - 5:30pm

Q & A with PANEL

Question time, pass the microphone.

Speakers vary by location. Please call for more information.

INTERCLINICAL.COM.AU/AUS2024

InterClinical Laboratories +61 2 9693 2888 +64 9 977 9975 info@interclinical.com.au



Scan to Book

Learn how to:

- Assess intracellular mineral levels
- Understand mineral balancing and metabolic typing
- Utilise the ratios for greater insight into nutritional requirements
- Unravel drivers of chronic health conditions
- Importance of toxic element assessment in health appraisals
- Utilise InterClinical Resources for simplified report analysis

HTMA Case Studies:

- Thyroid & Adrenal function
- Metabolic Syndrome
- Immune and Inflammatory Conditions
- Stress
- Endocrine Disruptors
- Digestive Dysfunction
- Diet and Chronic Malnutrition
- Cardiovascular Disease
- Neurodivergence
- Mitochondrial Health and ageing

RESERVE YOUR
SEAT NOW!